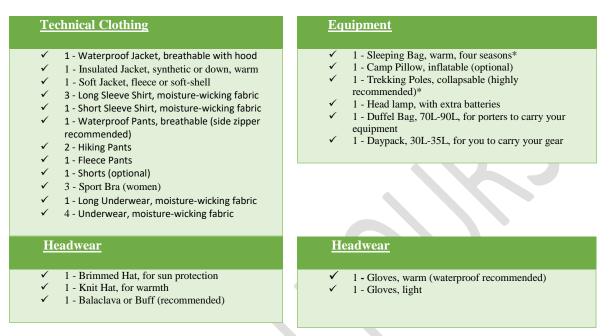


MOUNT KILIMANJARO GEAR LIST

The communal equipment (tents, food, utensils, etc.) is provided. You must bring the required, suggested, and optional personal gear and equipment indicated below. The most common error that climbers make is to overpack. Choose carefully what to bring with you. Our porters are limited to carrying 33 pounds (15 kilograms) of your stuff.



Footwear

- ✓ 1 Hiking Boots or Shoes, warm, waterproof
- \checkmark 4 Socks, wool or synthetic
- ✓ 1 Gaiters, waterproof (optional)

Accessories

- ✓ 1 Sunglasses or Goggles
- ✓ 1 Backpack Cover, waterproof (optional)
- ✓ 1 Water Bottle (Nalgene, 32 oz.)
- ✓ 1 Water Bladder (Camelbak type, 3 litres)
- ✓ 1 Pee Bottle, to avoid leaving the tent at night (highly recommended)
- ✓ Stuff Sacks, Dry Bags or Ziploc-Type Plastic Bags^ to keep gear dry and separate

Paperwork

- ✓ Trip Receipt
- ✓ Passport
- ✓ Visa (available to JRO)
- ✓ Immunization Papers
- ✓ Insurance Documents

<u>Other</u>

- ✓ Toiletries
- ✓ Prescriptions
- ✓ Sunscreen
- ✓ Lip Balm
- ✓ Insect Repellent, containing DEET
- ✓ First Aid Kit
- ✓ Face Mask (REQUIRED)
- ✓ Hand Sanitizer (REQUIRED)
- ✓ Toilet Paper
- ✓ Wet Wipes (recommended)
 ✓ Snacks, lightweight, high calorie (optional)
- Shacks, lightweight, light calorie (optional)
 Electrolytes, powder or tablets (optional)
- Camera, with extra batteries (optional)
- · Camera, with extra batteries (optional)
- These products may be hired on-site for USD cash only.
- Tanzania has a general prohibition on plastic bags, however, Ziploc bags are authorized for visitors.